

Al-Anon/Alateen

Meetings in Anchorage & Eagle River
Updated May 2010

Al-Anon and Alateen Family Groups

are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope with one another, in order to solve their common problems and help others do the same. The only requirement for membership is that there be a relative or friend with a drinking problem. There are no dues or fees for membership.

All meetings are open, non-smoking, one hour long unless otherwise specified.

Monday

Noon Brown Bag - First United Methodist Church
9th & G (enter from parking lot)
7 pm Southside Serenity - Gloria Dei Lutheran Church 8427 Jewel Lake
8 pm Keep It Simple - Presbyterian Church
12836 Old Glenn Hwy Eagle River
Speaker meetings: 1st Monday in March, June, Sept., and December.
(Step and Traditions)

Tuesday

Noon Brown Bag (see Monday)
6:30-7pm **Newcomer's Meeting** Our Lady of Guadalupe (Aztec lounge)3900 Wisconsin st
7 pm One Day at a Time - Our Lady of Guadalupe (Aztec lounge) 3900 Wisconsin Street
7 pm Tuesday Night Alateen - Our Lady of Guadalupe 3900 Wisconsin Street (c)

Wednesday

Noon Brown Bag (see Monday)
Noon Here We Are AFG
SCF Primary Care Facility -4320 Diplomacy Dr (Ptarmigan Room [above pharmacy])
Teleconference capabilities. Call (907) 729-6586 (NEW)
The person calling will have to pay any long distance costs.

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276-6646

www.AI-Anon-AK.org

Thursday

Noon Brown Bag (see Monday)
Noon The Mamas & the Papas
Saint Mark's Lutheran Church
3230 Lake Otis Parkway
7 pm Grace for Today - St. Elizabeth's Church
on Huffman Road
8 pm Keep It Simple - Presbyterian Church
12836 Old Glenn Hwy Eagle River

Friday

Noon Brown Bag (see Monday)
6 pm Como Ayuda A Familiares y Amigos De
Alcoholicos, 2300 Oak Drive
Anchorage, AK

Saturday

9 am Come As You Are - First United
Methodist Church 9th & G (enter from
parking lot)

Sunday

10:30-noon Higher Powered Group - Alaska
Regional Medical Plaza 1200 Airport
Heights (next to AK Regional Hosp/VA)
Auditorium - Mezzanine level
6 pm Easy Does It—St. Mary's Church 2222 E
Tudor (Lake Otis & Tudor) Pillsbury Hall

The AI-Anon Bookstore

4105 Turnagain Blvd. Suite D1.
is open Saturdays from 12:30 to 3:00 pm,
Wednesdays from 5 pm to 7:00 pm.
(907) 276-6646

Intergroup/District 3 business Meeting
is held the second Saturday of each month,
10:30 am at the AI-Anon Bookstore/Office, All
members are welcome.

Visit our web site for current meeting
schedules in Alaskan communities. To locate
meetings in other communities, call 800-356-
9996 between 8 & 6 EST weekdays.

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